

## What is Lent: Homework

This week, please take some time to reflect upon the following:

**Desert Time** – have I made room for silence in my life? Am I always busy? When do I listen to God? Can I find some quiet time each day for this?

**Conversion** – means to turn around or transform. What would I like to change about myself that would bring me closer to God? Do I have a negative attitude that I should turn around or transform? Is there a bad habit or unhealthy attachment that I can give up?

### **The 3 Pillars of Lent:**

How will I Pray this season of Lent?

How will I Fast?

How will I give Alms to the poor?

If possible, discuss your reflections with your sponsor or another Catholic (and find out what he/she is doing for Lent!).

Please make every effort to attend an Ash Wednesday mass or service on March 5<sup>th</sup>. You are welcome to receive ashes on your forehead whether you are baptized or not, to begin your journey of Purification and Enlightenment.

### LENTEN RESOURCES ONLINE

Excellent collection of resources: prayers, online retreats, help with confession, audio, video, stuff for kids, a BRILLIANT site! Everything you need for Lent:

<http://onlineministries.creighton.edu/CollaborativeMinistry/Lent/>

Thoughtful Lenten resources by the Jesuits:

<http://www.ignatianspirituality.com/lent/>

Subscribe to Fr. Robert Barron's Lenten reflections emailed to you daily:

<http://www.wordonfire.org/WoF-Blog/WoF-Blog/February-2014/Free-Daily-Lent-Reflections-from-Fr-Robert-Barron.aspx>