

# **2022 Service Project**

As part of St. Thomas More's Confirmation Program, confirmands are asked to complete a Service Project with two parts: Service and Prayer.

At Baptism, we received the virtue of love. This supernatural grace enables us to see Christ in others, to serve them without counting the costs, and to avoid hurting them. It leads us to use our gifts and talents to serve those around us in need. When Christians receive the Sacrament of Confirmation we are bound in closer unity with Christ and have a greater responsibility to serve others and proclaim the Gospel. To help prepare for a deeper call to charity, confirmands are asked to perform these projects as works of mercy.

**These projects must be completed, along with the reflections, and handed in by Sunday, May 29th.**

To get started:

Think of a way you could serve the community. The best places to start are with those who are in need - think of the homeless, elderly, less fortunate. Don't restrict yourself to Edmonton. Can you think of those in need around the world? Now, what can you do about it?

## **Part 1) Service:**

Find a project, and invite your family or friends to join you! Please note, if you plan to do one of these, call the organization first and explain what you are doing and that you are from St. Thomas More parish. Some examples are:

- Signing up with a ministry at the parish: become an alter server, youth lector, youth usher, youth choir, coffee service after Mass, volunteer at K of C pancake breakfasts, grounds cleanup, garden help, church duties
- Volunteer at Marian Centre or Hope Mission
- Visit a retirement home
- Organize a food drive for the Edmonton Foodbank
- Make sandwiches for the Marian Centre
- Organize a bottle drive to raise money for Gianna Centre or Lurana Shelter





## **Part 2) Prayer:**

We should always ask for God's guidance in all we do and in thanksgiving for all we have! In association with your service project, pray for those who you will be serving. Some examples of how to do this include:

- Say a Rosary for your intentions
- Attend a Daily Mass with the special intention in mind (STM Daily Mass: **Mon & Tues: 6:00 PM** and **Wed-Sat: 9:00 AM**)
- Attend Adoration and pray for those in need (STM Adoration: Tuesdays 5-6 PM & First Fridays of the month 9:30 AM – 3 PM)
- Pray a Litany together with your family
- Find a patron saint and pray for their intercession





## **Service Project Reflections**

What did you do during your volunteer time?

Did you feel you were making an impact with those you were serving? Why?

How did you pray for those you served?

What do you think the impact can be when we pray for others?



How could you continue to serve others, by sharing your gifts and talents, in your community?

Pick one Gifts of the Holy Spirit (Handbook p. 26-27) and explain how that gift would help you complete the service project if you did it again.

Pick three of the Fruits of the Holy Spirit (Handbook p. 27-28) that you think could help you right now in your life, and explain why!

1.

2.

3.

