

*A program for
engaged couples led
by a team of married
couples from the
parish.*

THE PROGRAM SCHEDULE FOR 2026

Friday, March 20, 2026 7:00 p.m.–9:30 p.m.
Saturday, March 21, 2026 9:00 a.m.–5:00 p.m.
Sunday, March 22, 2026 9:00 a.m.–1:30 p.m.

REGISTRATION INFORMATION

We will begin accepting registrations in
October 2025. Please visit the parish website
for the registration link at
<https://stm.caedm.ca/weddings/>

CONTACT US

Marriage Preparation Ministry

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MARRIAGE PREPARATION PROGRAM

St Thomas More Parish



PROGRAM PURPOSE

The focus of this weekend is you, as a couple, your love and how to build an even greater and more vibrant relationship than you have now. In our presentations, we will tell our stories as our way of sharing our marriages with you. We share with you not from theory, but from our lived experiences. We commit to be open and honest and to be involved. We ask you to be active participants, involved with each other and to share as you feel comfortable.

We hope to help you experience the love and the support of the Church, and to deepen and strengthen your relationship with each other and with Christ.

*“You are about to enter into a union which is most sacred and most serious. It is most sacred, because established by God himself; most serious, because it will bind you together for life in a relationship so close and so intimate that it will profoundly influence your whole future.”
(1964 Roman Rite of Catholic Marriage)*

The program is scheduled for Friday evening, all day Saturday and Sunday morning.

Each session is held at St. Thomas More Church. A typical session includes the following:

Opening prayer
A team couple sharing their story
Time for individual reflection
One-to-one couple time

TOPICS:

- Communication
- Sacrament of Marriage
- The Marriage Ceremony
- Natural Family Planning and Managing Fertility
- Living Faith in Marriage
- Finances and Wills
- Managing Conflicts

PREMARITAL INVENTORY

Prior to attending the Marriage Preparation weekend, couples will be required to complete a Prepare/Enrich premarital inventory. This is an online assessment tool designed to identify the unique relationship strengths and growth areas of couples. It is not a test. It is simply a “snapshot” of your relationship at the moment you take the questionnaire.

You will be contacted via email by a staff member of the parish office in the weeks prior to the weekend with the information required to complete the online questionnaire. You will receive a detailed report of the results of your inventory to share with your priest during your pre-nuptial meeting with him.

ATTENDANCE POLICY

Attendance by both partners is mandatory for the entire weekend in order to obtain your certificate indicating you completed your program, as well as completing the Prepare/Enrich premarital inventory.